Embalmed heads of the Celtic Iron Age in the south of France

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ARTICLE INFO
Keywords:
Iron Age
Celts
Embalming
Severed heads
Chemical analyses

ABSTRACT

Ancient texts described that one of the most impressive ritual practices of the Celts during the Iron Age was to remove the heads of enemies killed in battle and to embalm them for display in front of the victors dwellings. An archaeological settlement excavation site in Le Cailar, in southern France, has revealed a considerable number of examples of this practice. It was documented by Classical authors and later by the archaeological recording of iconographic representations and skeletal remains of human heads. Weapons were also exhibited alongside the severed heads. Here we report the results of chemical investigations for the characterization of the biomarkers of embalming that are likely to be present in eleven fragments of these human cranial remains. These results may lead to answers to some of the archaeometric questions related to the subject ofembalming in 3rd century BC Transalpine Gaul, thus advancing the knowledge of these ritual practices, documented by Greek Classical authors as part of the wider research into the proto-historic societies of the Mediterranean coastal region.

1. Introduction

In the 3rd century BC, the number of wars and battles seems to increase in almost the whole of Western Europe. Indeed, hundreds of weapons have been found in Iron Age sanctuaries and sacred places since they weren’t display there before. In many of these sites, human remains have been discovered with both metal artifacts and fauna remains associated with the sacrifice of animals (Buchsenschutz, 2017; Brunaux, 2004; Barral et al., 2006). The Classical textual sources document the practice of the Celts cutting off their enemies’ head after the battle, to transport them to their settlements by hanging the decapitated heads around their horse’s necks. This very precise picture of this practice is known through two fragments of ancient texts, written in the 1st century BC respectively by Strabo and by Diodorus of Sicily, both recording the testimony of an ancient Greek, named Poseidonios, who travelled in the south of Gaul around 100 BC (Strabo, IV, 4, 5 in Lasserre, 1966). Other classical texts mention this practice, such as Polybius and Livy and much of the archaeological record corroborates with the descriptions of this practice (Ciesielski et al., 2011; Armit, 2012; Boulestin and Henry Gambier, 2012). The Iron Age settlement of Entremont in Provence, which was one of the first archaeological excavations in south of France, revealed much sculpting of decapitated heads, with one particular sculpture representing a warrior mounted on a horse, with a sword and a spear at their side, and a severed head suspended from the horse’s neck (Arcelin, 2011), just as testified by Classical textual sources. This practice of decapitation as depicted in both the Classical commentary and aforementioned surviving sculpting is further evidenced throughout the south of France by the cranial remains, engraved and cut stone iconography of other sites of the Second Iron Age (Fig. 1), such as Roquepertuse and Glanum. In some places, archaeologists found human skulls with iron nails inside them and in other places they found pillars or lintels with cavities of the approximate dimensions and shape of human skulls (Fig. 1).

Thus, displaying severed heads was a well-known practice, but it had never been observed in recent excavations in the South of France. Therefore the discovery in Le Cailar is of great importance and provides us with a significant amount of new data (Roure et al., 2006), and the opportunity to make new analysis, such as chemical analysis to verify if the decapitated skulls have been prepared as the Greeks testified it. Indeed, Strabo and Diodorus both wrote that the Celts embalmed decapitated heads, with ‘cedar oil’; however, this may be a misspecification of a local Pinacea oil that Greeks named ‘cedar’ because the smell was close. This is the reason why this paper’s study aimed at verifying the presence of possible embalming remnants in archaeological cranial remains.
fragments from Le Cailar. Chemical analyses using GC-MS were performed in order to characterise organic components likely to be present in eleven of these human cranial fragments.

Embalming and other mumification phenomena are well-documented, worldwide with much of both the scientific and the archaeo-historic academic literature documenting the best surviving examples of embalming from pharaonic dynasties of Egypt (Łucejko et al., 2012; Ménager et al., 2014; Nicholson and Shaw, 2000), and mumification has also been evidenced in Bronze Age in Britain (Parker Pearson et al., 2005). Our paper will present another example of embalming practice.

2. Experimental section

2.1. Sample description

The Iron Age fortified settlement of Le Cailar was situated near a wide lagoon connected to the Rhône River. The site was occupied from the 6th century BC until the Roman period in Gaul (1st century AD). The fortified settlement was located on a small hill and was also a harbour for Mediterranean traders (Etruscans and Greeks contemporaneous). The excavation of weapons and human skulls located proximal to the interior of the walls and possibly one of the gates of the Iron Age settlement, has been interpreted as a large area where these objects were displayed to the inhabitants on the interior of the settlement (Fig. 2). This archaeological context is very clear: there is no
doubt that this context was an open area where the aforementioned heads and weapons were displayed. There is stratigraphical and chronological evidence for each archaeological level that contained skeletal remains and metal artifacts (Roure et al., 2017). The remnants of metal (mainly weapons), potteries and faunal bones, were intermingled with the human skulls in this intramural area. The ceramic and metallic remains allowed a precise chronology of this embalming activity to be assigned to the 3rd century BC which was further reinforced by the numismatic dating from the discovery of forty Massilian coins in this same area (thus radiocarbon dating was not used). Amphorae and vessels from the Greek city of Massalia and vessels from Italy and Spain all belong to this period and the metal artifacts are all linked to the latenian typology (La Tène B2-C1). The stratigraphy of the Le Cailar excavation and its artifacts showed that several deposits occurred: the first deposits correspond to the end of the 4th century or to the very beginning of the 3rd century BC, the decapitated heads and weapons were displayed throughout the 3rd century BC until circa 200 BC, when the area was covered by soil.

Approximately 2700 fragments of human bones were recorded during ten excavation seasons: all the fragments are part of the skull, except for six small pieces of cervical vertebrae (Fig. 3). Many of the skulls bore cut marks, not only of decapitation, but also to preparing the heads for display by the removal of cervical vertebrae and aperture of the postero-inferior portion of the cranium, probably - to remove the brain; and tongue ablation, or at least the scraping of the muscles under the mandible (Ciesielski and Bohbot, 2014).

The discovery of these marked skulls was immediately related to the afore-mentioned ancient texts from Strabo and Diodorus of Sicily. These texts indicated that the Gauls, to quote Strabo - "embalmed the head of the most famous enemy with cedar oil" (IV, 4, 5 in Lasserre, 1966). This is the reason why chemical analysis, as opposed to other types of analyses, was undertaken. The preliminary chemical analyses on the human bones were carried out in search for traces of biological products which could have been used to embalm these heads for their display, despite no macroscopic remains were visible.

Eleven cranial fragments were selected for analyses (Table 1, Fig. 4), from each of which two powder samples (100 mg–150 mg each) were taken, first from the exterior and then from the interior surfaces. A total of twenty-two samples were analysed. The eleven samples were retrieved at random from the skulls: frontal, zygomatic, parietal, all originating from different deposits and moreover the assemblage of 2676
were evaporated to until dry under nitrogen and mixed with 100 μL of BSTFA with 1% TMC for 30 min at 70 °C. The trimethylsilylated extracts were dried under nitrogen and dissolved in 500 μL of hexane. All of the samples were filtered through a 0.45 μm PTFE filter before injection.

3.2. GC-MS analyses

Each powdered cranial sample was added to 6 mL of dichloromethane and sonicated (2 min, 70% amplitude) using an ultrasonic probe (Vibra-Cell model 75186). This volume was necessary in order to obtain the immersion of the probe in the extraction solvent. The samples were then centrifuged (30 min, 6000 rpm). The supernatant corresponding to the organic extract was split into two, in order to obtain the immersion of the probe in the extraction solvent.

Before the GC-MS analyses were performed, the organic extracts were derivatised by trimethylsilylation. For this purpose, the solutions which were excavated before the establishment of this numbering protocol, at the beginning of the excavation).

Five faunal remains (Table 2), discovered in the same context and level as the human bones, were also analysed using identical protocols, in order to assess if biomarkers would be taphonomically biased or associated with embalming.

2.2. Materials

The dichloromethane used in preparation for GC-MC analysis was of GC grade and purchased from Merck (Darmstadt, Germany). The high purity water (18.3 MΩ·cm) used in the preparation was obtained from a Milli-Q purification system (Millipore).

Derivatisation was made using BSTFA (N,O-bis(trimethylsilyl) trifluoroacetamide) with 1% TMC (trimethylchlorosilane) purchased from Sigma Aldrich.

2.3. GC-MS analyses

The samples were then centrifuged (30 min, 6000 rpm). The supernatant corresponding to the organic extract was split into two, in order to perform GC-MS analyses.

Before the GC-MS analyses were performed, the organic extracts were derivatised by trimethylsilylation. For this purpose, the solutions were evaporated to until dry under nitrogen and mixed with 100 μL of BSTFA with 1% TMC for 30 min at 70 °C. The trimethylsilylated extracts were dried under nitrogen and dissolved in 500 μL of hexane. All of the samples were filtered through a 0.45 μm PTFE filter before injection.

GC-MS analyses were carried out using a Thermo Scientific™ Focus gas chromatographic system mounted with a Thermo Scientific Al 3000 auto-injector and coupled with a ITQ™ 700 Series GC-Ion Trap Mass Spectrometer (Thermo Fisher Scientific Inc.). GC separation was performed on a fused silica capillary TG-5MS column (Thermo Fisher Scientific, alvc), with a stationary phase (5% diphenyl-95% dimethyl-polysiloxane phase).

A volume of 1 μL for each sample was injected in splitless mode an injector set at a temperature of 250 °C. Molecular components were eluted using helium at a constant flow of 1.2 mL/min. The following temperature programme was used: with an initial temperature of 50 °C for 2 min, 50–220 °C at 8 °C/min, 220–260 °C at 2 °C/min and 260–330 °C at 10 °C/min.

The mass spectra were recorded in electron impact mode with an electron ionisation voltage of 70 eV; an ionisation time of 25,000 μs and a mass range of 50–650 m/z. The ion trap and interface transfer line were respectively set at 250 °C and 300 °C.

Thermo Xcalibur™ 2.2 software (Thermo Fisher Scientific Inc.) was used for instrumental control and data acquisitions.

The assignment of mass spectra peak was based on a comparison with an internal mass spectrum database (from commercial standards, from fresh and artificially-aged resins and oils) and finally the NIST database (NIST MS Search 2.0).

3. Results and discussion

All of the components were identified according to their specific mass data (base and molecular ions), their retention times in comparison with standard molecules and specialized literature (Table 3).

For an accurate interpretation of the GC-MS results, the contribution of lipids from bone cannot be disregarded. Fresh bones contain significant amounts of cholesterol and a lesser concentration of fatty acids associated with bone marrow (Colonese et al., 2015; Evershed et al., 1995). Previous analyses of archaeological bones revealed only the presence of cholesterol, together with its diagenetic degradation products, especially cholest-5-en-3ß-ol-7-one (Collins et al., 2002; Colonese et al., 2015; Evershed et al., 1995; Stott et al., 1997). However, traces of saturated fatty acids (primarily C14:0, C16:0 and C18:0), a lesser concentration of oleic acid (C18:1) and a low quantity of linoleic acid (C18:2) were recently detected in the analyses of human bones for archaeological purposes (Colonese et al., 2015).

The total ion current of the lipid extract from CLR K16 R9 286 sample is presented in Fig. 5 and shows that almost all lipid extracts from the analyzed bones exhibited the presence of saturated fatty acids.

![Fig. 4. Pictures of a. Total assemblage b. CLR K16 R9 286 exterior surface c. CLR N17 R3 53 interior surface cranial fragments (after Ghezal and Gosnell).](image-url)
Table 3
Lipidic composition of the organic extracts.

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<th>Monocarboxylic acids</th>
<th>CLR 07</th>
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<th>CLR 04 X11</th>
<th>CLR 03 X29</th>
<th>CLR 03 X44</th>
<th>CLR M18 R6 570</th>
<th>CLR N17 R0 8</th>
<th>CLR R15 R5 340</th>
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Monoacylglycerol

| MAG C₁₄:₀ | +      | +         | +           | +          | +         | +         | +              | +           | +              | +              | +           |
| MAG C₁₆:₀ | +      | +         | +           | +          | +         | +         | +              | +           | +              | +              | +           |

Steroidal compounds

| Cholesterol | +      | +         | +           | +          | +         | +         | +              | +           | +              | +              | +           |
| β-Sitosterol | +      | +         | +           | +          | +         | +         | +              | +           | +              | +              | +           |

Glycerol

| n-Alkanes | C₁₂:₀ | -      | -         | -           | -          | -         | -              | -           | -              | -              | -           |
| n-alkan-1-ol | C₁₂ OH | -      | -         | -           | -          | -         | -              | -           | -              | -              | -           |
| Palmitic acid | -      | -         | -           | -          | -         | -         | -              | -           | -              | -              | -           |
| Isopalmitic acid | -      | -         | -           | -          | -         | -         | -              | -           | -              | -              | -           |
| DHA | -      | -         | -           | -          | -         | -         | -              | -           | -              | -              | -           |
| Retene | -      | -         | -           | -          | -         | -         | -              | -           | -              | -              | -           |

Abbreviations: Cn:x, Monocarboxylic acid with n carbon atoms and x unsaturations; MAG Cn:x, Monoacylglycerols with n carbon atoms and x unsaturations; Cn, alkane with n carbon atoms, CnOH, alk-an-1-ol with n carbon atoms; DHA, Dehydroabietic acid; +, presence; -, absence; tr, traces.


The fatty acid composition of the different samples is presented in Fig. 6, showing a chromatogram of the internal CLR K16 R9 286 sample with extracted signals at m/z 117 and the base peak of main saturated fatty acids. The chromatogram shows that almost all lipid extracts from analysed bones exhibited the presence of saturated fatty acids C₈:₀, C₁₀:₀, C₁₂:₀, and C₁₄:₀. Some unsaturated fatty acids were also detected (C₁₆:₁, C₁₈:₁, C₁₇:₁, C₁₈:₁).
The high amount of saturated fatty acids, monoacylglycerol (MAG), glycerol, cholesterol and its observed degradation products, are characteristic of degraded animal fats (Mottram et al., 1999). The high ratio of palmitic acid compared with that of stearic acid, in addition to the presence of \( \beta \)-sitosterol are indicative of fats, possibly of plant origin. However, the contribution from endogenous bone fats cannot be discounted.

Unfortunately, it is not possible to assign a precise plant origin on the basis of fatty acids alone using conventional chromatographic methods, because of the thermal degradation of the lipids leading to changes in the saturated fatty acid proportions (Nawar, 1969).

Six of the eleven human samples (CLR 03 X44; CLR M18 R6 570; CLR N17 R0 8; CLR K15 R5 340; CLR K16 R9 286; CLR N17 R3 53) contained diterpenoic compounds, degradation products of abietic acid and biomarkers of conifer resin. The gas chromatogram of the internal K15 R5 340 sample is presented in Fig. 7 with extracted signals at m/z 239, m/z 253, m/z 219 and m/z 241 base peaks respectively of: dehydroabietic acid, 7-oxo-dehydroabietic acid, retene, palustric acid (26.24 min) and isopimaric acid (26.66 min).

The dehydrogenation of abietic acid leads to dehydroabietic acid and this compound was the most abundant diterpenoid detected in our samples, followed by its oxidation product, 7-oxo-dehydroabietic acid. Retene is the final product of the thermal degradation of abietane skeleton diterpenoids. The detection of such aromatic compounds in these samples is characteristic of intense heating of the resin from the tree belonging to the Pinaceae family (Marchand-Geneste and Carpy, 2003).

The traces of linear \( n \)-alkanes (C\(_{23}-\text{C}_{33}\)) and \( n \)-alkanols (C\(_{12}-\text{C}_{26}\)) which were detected are probably caused by soil contamination. In fact, these compounds were already detected in significant amounts in the soil (Poirier et al., 2005).

Interestingly, in the lipid extracts from the faunal samples only
cholesterol was preserved (data not shown). Fatty acids initially present in the bones seemed degraded and terpenoid compounds were not detected. The results suggest that lipids observed in the human skull extracts originate not only from human bones, but also from vegetal or animal fats. This allowed the elimination of the hypothesis of external contaminations for all the detected substances excluding linear n-alkanes and n-alkanols.

4. Conclusion

Chemical analyses using GC-MS were performed in order to characterise organic components likely to be present in eleven of the human cranial fragments discovered at the Le Cailar archaeological site in the south of France.

Thanks to this study, we demonstrated that some of the severed heads displaying in this Iron Age fortified settlement were embalmed. This corroborated with the documentation by both literary sources and archaeology that the Celtic people removed the heads of their enemies slain on the battlefield and that they exhibited them in public spaces. This is possibly an expression of the bravery and strength of the community and of its warriors (Boulestin and Henry Gambier, 2012; Ciesielski et al., 2011).

This paper mentions ‘mummification’ because Ancient Greek texts clearly assert that Celts used to embalm heads with cedar-oil – or a local pinacea oil that Greeks named ‘cedar’ – to preserve those heads for a long time. Moreover, both Strabo and Diodorus of Sicily wrote: “They never gave back the head belonging to the most famous and brave person, even for an equal weight of gold” (Strabo, IV, 4, 5 in Lasserre, 1966). Therefore, according to this quote, the severed head must have been facially identifiable for some time and thus necessitated the use of embalming to preserve the facial tissue.

In fact, analyses highlighted the presence of saturated and unsaturated fatty acids, monoacylglycerols, sterols, alkanes, alkanols and biomarkers of conifer resins. In the past, resins were usually heated and mixed with plant oil, which may explain the presence of retene and the high amount of fatty acids in these samples, notably palmitic and stearic acids. The use of a mixture of resin and plant oil is documented, in many societies and at different periods in antiquity, for their antibacterial, anti-oxidative and aromatic properties (Langenheim, 2003). The effects of using this oleo-resin mixture are in the short-term - the anti-odour properties and in the longer term the anti-bacterial properties preserving the head. None of the fauna remains analysed contained the aforementioned biomarkers, thus soil contamination bias from the contexts of the cranial samples can be excluded, therefore it can be deduced that these compounds must have been deliberately applied to these bones, as an embalming practice by these Celtic people.

The precise process of embalmment in the Iron Age is quite difficult to deduce: possibly the heads were dipped in cedar-oil or the local pinacea oil; possibly the heads were covered with the pinacea mixture with a tool which has decomposed over time. As noted above, biological study of the human bones remains has showed many cut marks linked to preparation of the heads for mummification – probably by tongue ablation and the removal of the brain (Ciesielski and Bohbot, 2014). The process of the embalming material absorbing into the bone may have been effected by the initial use of a large amounts of embalming material and/or by environmental weathering over a long period of time. It is also possible that Pinaceae oil was applied several times, during the lifetime of the heads display, in order to continue to preserve the head. In either case, the reason why it is the parietal/frontal where the Pinaceae biomarkers are found is likely because this was the most visible and exposed part of the skulls.

A question for further research arising from this study is whether or not this specific practice actually began in the early 3rd century BC or at the end of the 4th century BC. Further analyses should be carried out in order to answer this question. We also have to question if the skulls came solely from the enemies or also from the ancestors at the same time (Ciesielski, 2017), as is recorded in head hunting societies (Boulestin and Henry Gambier, 2012). Finally, we have to determine if...
the process was used for all the heads or only part of them.

Conflicts of interest

The authors declare that they have no conflict of interest.

Acknowledgment

The authors thank all the research teams who worked on the Le Cailar site (especially Michel Py and Henri Duday), as well as the institutions that contributed to the progress of the archaeological excavations and research. This work was supported by the Labex Archimede «Archéologie et Histoire de la Méditerranée et de l’Egypte anciennes» [ANR-11-LABX-0032-01].

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